

DIABETES SICK DAY MANAGEMENT KIT

- Sick Day Management Plan
- Phone Numbers of Support People
- Food - Dry Biscuits, Soup
- Drinks - Sugar Free and Regular
- Scripts and Medication for 2-4 Weeks
- Paracetamol, Ibuprofen, Cough Medication
- Meter - Blood Glucose Test Strips, Record Book and Pen
- Thermometer, +/- BP Monitor
- +/- Blood Ketone Testing Strips and Ketone Meter
- +/- Rapid Acting Insulin (NovoRapid, Humalog, Apidra)
- +/- Hypo Treatment Plan and Supplies
- Electrolyte Replacement

